
Ready or Not! Here Comes Disaster!

(By the way....*Ready is better!*)

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If you knew....

If you knew the earthquake or other disaster was going to happen in the next few days, what would you do to get your family prepared?”

- ❑ Does your family know and understand that you will have a job to do?
- ❑ Do you have what you need for you and your family to be self-sufficient for a minimum of three days after a disaster?
- ❑ What plans would you make with your significant other and other family members?
- ❑ What skills would you teach your family, such as where to turn off the water, electricity and natural gas?
- ❑ Are you sure that everyone in your family knows how to be safe in an earthquake or other disasters that are likely to happen in your area?

Earthquake Preparedness

Did You Know??????

- Washington State has the 3rd highest threat of earthquake in the United States.
- The Puget Sound area has 4 different types of earthquakes that can strike at any time.
- The Puget Sound area already has nearly 1,000 earthquakes each year.

It's Not Just Earthquakes

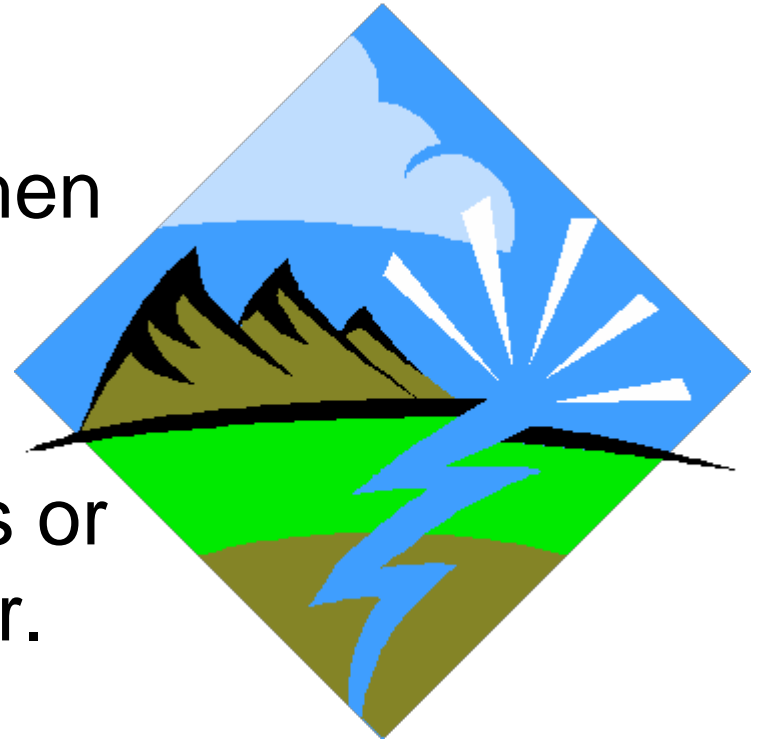
- Earthquake
 - Severe weather
 - Fire
 - Flooding
 - Tsunami
 - Hazardous material Spill
 - Terrorism
 - Bird Flu - Pandemic
- **What do these all have in common?**
 - First response agencies may be overwhelmed
 - Can cause infrastructure damage
 - You'll need information
 - You may have to be on your own for a minimum of 3 days
 - You'll want to get in touch with those you care about
 - You may have to evacuate your home or neighborhood or workplace
 - You may have to shelter in place

Prediction?

- We can't always predict when a disaster will happen....

However

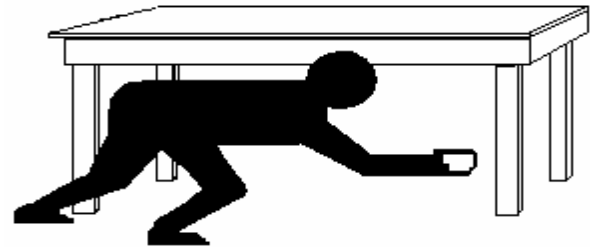
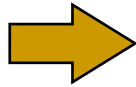
- We can predict the impacts or consequences of a disaster.
- Plan and prepare for the consequences and you won't get so overwhelmed!



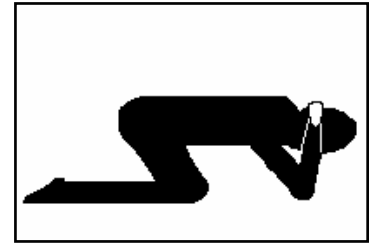
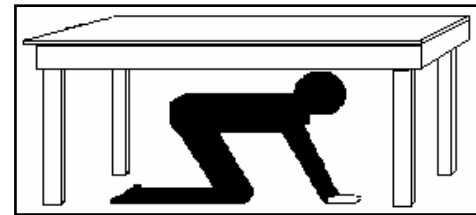
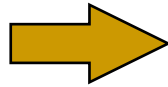
Preparedness is “doable”!

How to be safe in an earthquake....

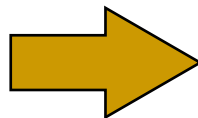
Drop



Cover



Hold



What If

- *I'm in a place without a table?*
- *I'm in a Car or on a Bus?*
- *I'm in Bed?*
- *I'm outside?*
- *I'm in the Bathroom?*
- *I have small children?*



Think:

Beneath something

Beside a wall or furnishings

Between rows of chairs

Preparedness Basics:

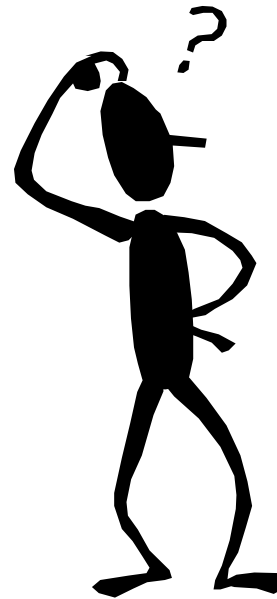
You and your family must be prepared to take care of your own needs for a minimum of 3 days following any disaster!!

- ☑ *Stock Supplies*
- ☑ *Develop a Family Plan*
- ☑ *Reduce Hazards*
- ☑ *Get Trained and Involved*

Stock Supplies

- Store a 3 day supply of food and necessities for you and your family.

- Water
- Radio and Batteries
- Flashlight & Glow Sticks
- Prescription Meds
- Food
- Eye glasses
- Comfy clothes
- Sturdy shoes
- Plan for pets!



What do I put
my supplies in?

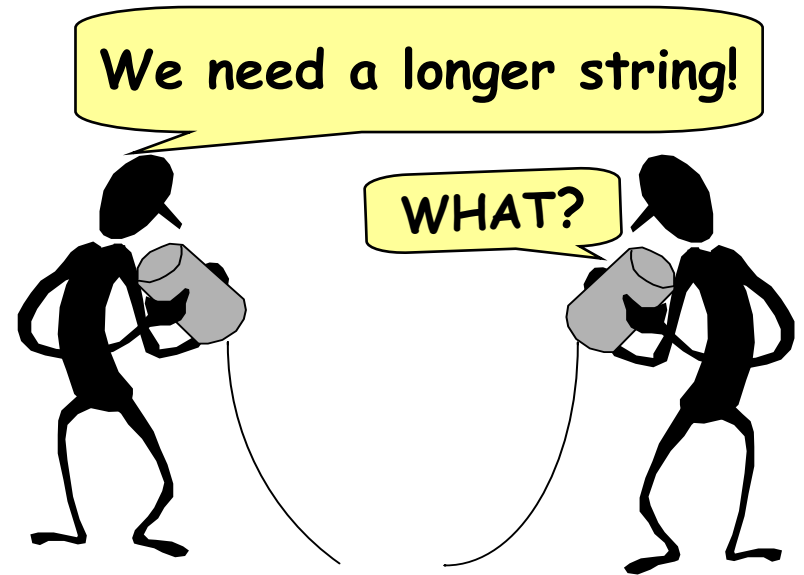
Where do I put
my kit so it
will be
accessible and
not damaged?

Family Reunion Plan

The Phone system may not be available.

☎ Please stay off the phones unless you have a **life threatening** emergency.

☎ After a minimum of 3 to 4 hours, if you can get dial tone, you'll have better success making an out of Washington & Oregon call.

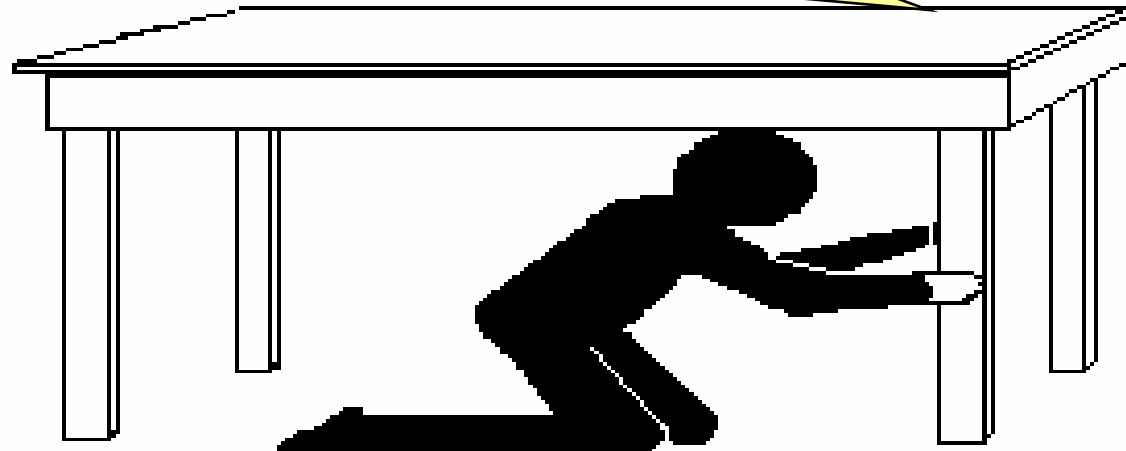


Have a friend or relative, living outside of Washington or Oregon as a point of contact for your family.

Practice Drills

If you want to be sure that you and your family will take the right safety action when emergencies and disasters happen, teach them what to do and practice **with** them!!

Every time I practice, I double my chances of doing drop, cover and hold when the real earthquake happens!!

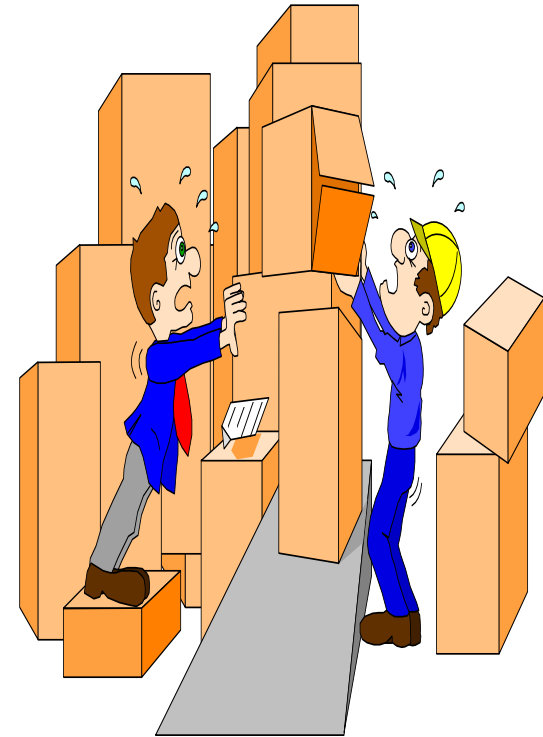


Reducing Earthquake Hazards

In the United States, most people are injured or killed by the way decorate a building than by building collapse.

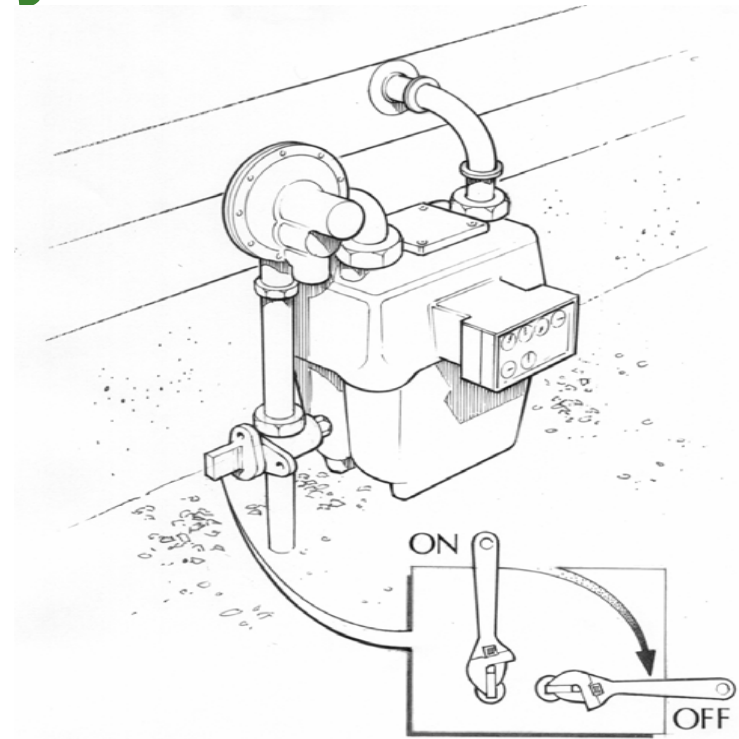
Rule of Thumb:

- **If it would break or fall and hurt someone:**
 - bolt, anchor or strap it down
- **If it would break or fall and block an exit:**
 - anchor or strap it down, or rearrange to another part of the room
- **If it would break or fall and break your heart**
 - bolt, anchor, strap or stick it down
 - move it to a lower shelf



Become empowered to respond and teach your family!

- Take a first aid class.
- Learn how, when and where to turn off your utilities.
- Learn how to use a fire extinguisher.
- Help organize your neighborhood to take care of each other.



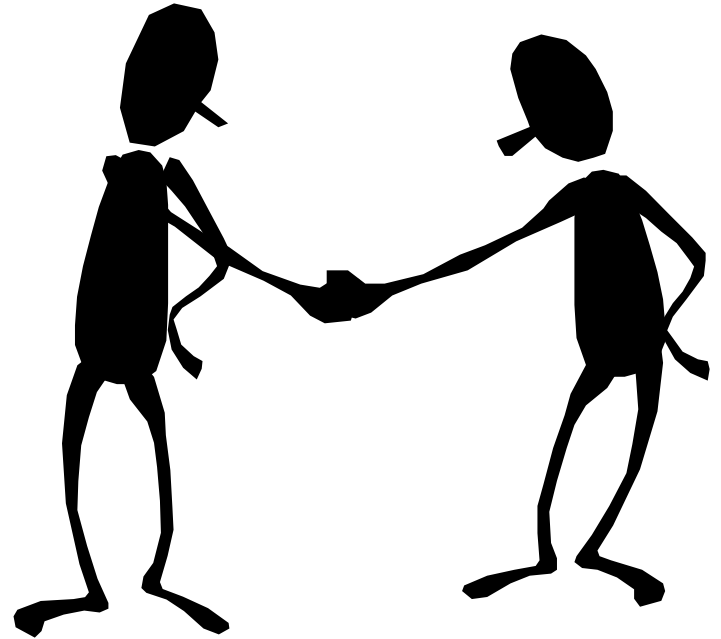
Only turn off your natural gas if you have a common sense reason to!

Contact the American Red Cross, Local Fire Dept. or Local Office of Emergency Management for training opportunities.

Get Organized

Your Best Source of Help Will Be:

- *Your Neighbors*
- *Co-Workers*
- *Family & Friends*



*The key to successful response and recovery is **Teamwork***

Benefits of Getting Organized

- You and your family become personally prepared.
- Create relationships both at home and work
- Increase efficiency of responding to the immediate needs following a disaster.
- Peace of mind knowing that you are able to take care of yourselves.
- It's Fun!

Check with your local office of emergency management and see if they have a neighborhood or Citizen Corp program

Summary

Earthquakes and many other disasters can happen with little or no warning. What actions are you going to take.....starting now!!

- Does your family know and understand that you will have a job to do? ***If not, talk to them.***
- What conversations and plans would you have with your significant other and other family members? **Reunion plan, communications plan, school & daycare plans.**
- What skills would you teach your family? **such as where, how and when to turn off the water, electricity and natural gas.**
- Are you sure that everyone in your family knows how to be safe in an earthquake? **If not, teach them and practice together.**

Now is the time to get ready!

Snoopy Says...



“The day of the prom is not when you take dance lessons!”



Want More Information?

Call

- **Local Office of Emergency Management**
- **Red Cross**
- **Washington State Emergency Management**