

WHERE TO SEEK HELP

A Family Friendly Tool: Access to Community Resources

This referral tool can be used to locate and identify early childhood support services for both children and families. Use this as a guide, always keeping in mind the individual strengths and needs of children and their families are unique within their culture, values, beliefs, & language.

Creating a Support Network

Support services for children and their families work best when they are coordinated and centered around family strengths and needs. There is value to identifying and developing a collaborative support network within your local community.

Locating Community-Based Services

Healthy Kids - Healthy Families - Healthy Communities

An effective support network begins with a broad-based contact and referral list and branches out into more specific areas as needed. Below are our local resources:

- **Child development concerns for children UNDER age 3**
Washington State Early Support for Infants and Toddlers Program
Thurston County - South Sound Parent to Parent
1012 Homann Drive SE, Lacey WA 98503
Karen Huggins 360-352-1126 ext 103; khuggins@ssp2p.org
- **Child development concerns for children OVER age 3**
School District Special Services/Special Education:
Rochester: 360-273-5161 Tenino: 360-264-3408
Yelm: 360-480-3889 Olympia: 360-596-7575
Tumwater: 360-709-7040 Griffin: 360-866-5842
North Thurston: 360-412-4485 Rainier: 360-446-2207
- **Community Behavioral Health**
Behavioral Health Resources (BHR)
Adult & Child, Youth & Family Services- walk in appointments welcome
3857 Martin Way E, Olympia, WA
360-704-7170
- **Additional services such as health insurance & food**
Within Reach - Parent Help 123-Family Health Hotline
1 (800) 322-2588 or ParentHelp123.org
2-1-1 South Sound - 1 (800) 572-4357 or 253-572-4357

SUPPORTING HEALTHY DEVELOPMENT & STRONG FAMILIES

**THURSTON COUNTY:
SOUTH SOUND PARENT
TO PARENT**
1012 HOMANN DRIVE SE
LACEY, WA 98503
(360) 352-1126 EXT 103
WWW.SSP2P.ORG

**Apple Health In Person
Assister Programs:**

Planned Parenthood
206-320-7610

Providence St. Peters Hospital
877-215-7833

Sea Mar Community
Health Centers
855-289-4503

Thurston County Food Bank
360-352-8597 x109

**Washington Health Plan
Finder for health insurance**
www.washingtonhealthfinderplan.org



Your Referral and Contact List

Your referral and contact list might include the following:

Education/Special Needs

Children with Special Needs:

South Sound Parent to Parent
support, education, resources & referral for
families raising children of all ages
1012 Homann Dr. SE, Lacey, WA 98503
Sylvia Davenport; 360-352-1126 ext. 106;
sdavenport@ssp2p.org

Children with Special Health Care Needs Program
Thurston County Public Health & Social Services
Bonnie Peterson, RN;
360-867-2543

Partnerships for Action. Voices for Empowerment: PAVE; a parent organization providing support, advocacy, training & informational resources to empower families & individuals with disabilities

6316 S 12 Street
Tacoma, WA 98465
Dot Workman: 253-565-2266; dworkman@wapave.org

Mental Health

Community Mental Health Centers:

Behavioral Health Resource (BHR) for Children. Walk in for appointment for Adults & Children at:
3857 Martin Way E Olympia, WA or 360-704-7170, toll free: 1-800-825-4820

Catholic Community Services: Wraparound with Intensive Services (WISe)
Comprehensive behavioral health services and supports for Medicaid Eligible individuals: birth to 21 years old
Heidi Williams: 360-878-8248

Sea Mar Mental Health Clinics:
Tumwater: 360-704-7590 Yelm: 360-400-4860

Mental Health Professionals:

Private Insurance; check with your health insurance company

Marriage and Family Therapists:

Check with your private insurance

Health and Wellness

Primary Health Care:

Primary Health Care: Choose through your health insurance
Family Health Hotline, Within Reach: 1-800-322-2588

Local Health Department:

Thurston County Public Health & Social Services
412 Lilly Rd. NE, Olympia, WA 98501
Main Office: 360-867-2500
Birth Certificates: 360-867-2553

Communicable Disease Reporting Line: 360-786-5470
Public Health Nurse: 360-867-2548

Home Visiting:

New Parent Support Program (NPSP)
Family Advocacy Program; Serves Families @ JBLM & within 50 miles: 253-967-6618

Parent-Child Assistance Program (PCAP)

Provides support case management for pregnant or post-partum women with a history of alcohol & substance abuse
360-754-7629

Children with Special Health Care Needs (CSHCN); serves individuals birth to 18yrs:

360-867-2543

Parents as Teachers (PAT): 360-918-7843

serving children/families pre-birth to 5yrs old

Community Youth Services (PAT): 360-943-0780**Early Support for Infants & Toddlers (children under 3 with development delays): 360-352-1126****Maternity Support Services (MSS/ICM)**

Support for pregnant women and infants who have Apple Health/Medicaid coverage:

Sea Mar Olympia: 360-742-5010 Sea Mar Yelm Clinic: 360-400-4810

Answers Maternity Support Services – 360-493-4088

Oral Health Care:

ABCD Dental Program (children under 6): 360-493-7451

Sea Mar Dental: 360-570-8016

Union Gospel Mission (adults dental & vision care with no insurance): 360-709-9725

Dental Clinic at SPSCC (adults): 360-754-9496

Smile Mobile (children): 206-517-6303

Nutrition Services/WIC:

SeaMar Community Health Centers

Thurston Walk-in Clinic: 360-742-5000 open 11am-10pm

WIC- Olympia: 360-754-2936

Nisqually Tribal Center WIC: 360-438-4216

Thurston County Food Bank: 360-352-8597

SeaMar Call Center: 206-812-6140

Community Action Council, Lacey WIC: 360-438-1100

JBLM WIC: 253-966-4688

Family Support/Parenting**Family Support Groups/Parent Organizations:**

Helping Parent Program @ South Sound Parent to Parent

1012 Homann Drive SE, Lacey WA 98503

Sylvia Davenport: 360-352-1126 ext 106; sdavenport@ssp2p.org

Family Education and Support Services

1202 Black Lake Boulevard Suite B, Olympia, WA 98502

360-754-7629

Child Care Action Council

Kaleidoscope Play and Learn Groups

Fran Williams: 360-786-8907 x111 fran@ccacwa.org

South Sound Breastfeeding Support Drop in Group

201 Capital Way N, Olympia, WA 98501

360-250-6357

Child Abuse Prevention and Intervention Services:

1-888-713-6115

Community Violence Prevention and Intervention Services:

Family Education and Support Services: 360-754-7629

Crisis Line: 1-800-627-2211

Domestic Violence Prevention and Intervention Services:

Safe Place: 360-754-6300; Family Justice Center: 360-754-9297

Crisis Intervention and Referral: 360-586-2800

Domestic Violence SAFE LINE @ JBLM

Intimate Partner prevention and treatment of Domestic Violence

8 Advocates Available 24/7: 253-966-7233

Faith-Based Support Services:

City Gates Ministries: 360-705-0291

Sacred Heart Catholic Church: 360-359-5383

Adventist Community Services Center: 360-943-1518

Union Gospel Mission: 360-709-9725

Olympia Church of Christ: 360-357-6617

Care Net Pregnancy Center: 360-753-0061

Services for Military Personnel & their Families:

New Parent Support Program, Family Advocacy Program at JBLM:

253-967-5901

Child & Youth Services: 253-966-2977

Exceptional Family Member Program (EFMP) @ Madigan Army Medical Center

9040 Jackson Avenue

Tacoma, WA 98431

253-967-9704, 253-967-7166

Extended Care Health Option (ECHO): 1-855-874-6800

Respite Care for Caregivers or Families of Individuals with Disabilities or Other Special Needs:

Lifespan Respite of WA: 360-586-2915

Pope's Kids Place: 360-736-9178

Developmental Disabilities Administration (DDA) - Olympia: 360-725-4250

Child Care/Early Childhood Education

Local Child Care Resource and Referral Organization:

Child Care Aware Resource & Referral: 1-800-446-1114

Head Start/ECEAP Organizations:

Capital Region ESD 113

English: 360-464-6800 - or - Spanish: 360-464-6827

Financial Assistance for Child Care:

Working Connections: 1-877-501-2233

Other:

ParaTransit: Must have Medicaid state coverage; provides transportation or gas vouchers for medical, dental, mental health appointments only: 1-800-846-5438.

Housing hotline: 1-844-628-7343